

## Résultats Championnat Suisse Allemand 2023 Zurich

Femmes -57 Kg, -63 Kg par DOTS																					
Place	Nom	Sexe	Age	Catégorie d'âge	Poids (Kg)	Katégorie de poids (Kg)	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Club
1	Anouk Wandeler	F	24	Open	54.2	57	112.5	117.5	120	120	67.5	70	-72.5	70	145	151	154	154	344	407.55	KDK Klub der Sportfreunde
2	Nedimi Weiss	F	27	Open	62.8	63	117.5	125	130	130	72.5	75	77.5	77.5	155	160	-165	160	367.5	396.02	Outcast Strength System
3	Larissa Bischof	F	23	Open	60.6	63	107.5	-112.5	112.5	112.5	60	62.5	65	65	130	135	140	140	317.5	349.77	Outcast Strength System
4	Tanja Kornberger	F	35	Open	55.1	57	90	95	100	100	47.5	50	52.5	52.5	105	110	120	120	272.5	319.29	KDK Klub der Sportfreunde
Femmes -63 Kg, 84+ Kg par DOTS																					
Place	Nom	Sexe	Age	Catégorie d'âge	Poids (Kg)	Katégorie de poids (Kg)	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Club
1	Laura Rettig	F	30	Open	66.6	69	135	142.5	-147.5	142.5	72.5	75	77.5	77.5	170	182.5	190.5	190.5	410.5	427.11	Neuchatel Force
2	Deborah Pungitore	F	32	Open	68.3	69	132.5	140	147.5	147.5	85	90	92.5	92.5	150	157.5	-165	157.5	397.5	407.61	Outcast Strength System
3	Tamara Thoma	F	29	Open	68.1	69	125	132.5	-135	132.5	82.5	87.5	-90	87.5	157.5	167.5	-172.5	167.5	387.5	398.02	Elemental Athletes
4	Gabriella Tamassia	F	29	Open	92.7	84+	140	147.5	155	155	-80	80	85	85	150	157.5	165	165	405	356.46	Elemental Athletes
5	Angie Clark	F	53	Open	100.8	84+	130	-137.5	137.5	137.5	90	95	-100	95	155	162.5	167.5	167.5	400	340.29	Beo Barbell Club
Hommes -59 Kg, -74 Kg, -83 Kg, -93 Kg, -105 Kg, -120 Kg par DOTS																					
Place	Nom	Sexe	Age	Catégorie d'âge	Poids (Kg)	Katégorie de poids (Kg)	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Club
1	Raphael Sauta	M	28	Open	89.9	93	235	250	-260	250	-170	175	181	181	270	287.5	-300	287.5	718.5	464.84	Powerlifting Zug
2	Dennis Goodtzov	M	26	Open	92.2	93	225	237.5	247.5	247.5	150	157.5	-165	157.5	277.5	292.5	-300	292.5	697.5	445.64	Powerlifting Zug
3	Gioele Montalbetti	M	26	Open	103	105	235	250	-260	250	172.5	180	-185	180	245	260	270	270	700	425.50	KDK Klub der Sportfreunde
4	Alexander Kühne	M	29	Open	101.3	105	210	225	235	235	140	147.5	152.5	152.5	260	275	285	285	672.5	411.65	Powerlifting Zug
5	Sebastian Traub	M	29	Open	104	105	225	235	245	245	150	157.5	162.5	162.5	235	250	265	265	672.5	407.16	KDK Klub der Sportfreunde
6	Victor Gaultier	M	24	Open	58.4	59	135	145	-155	145	120	127.5	131	131	170	180	190	190	466	402.27	KDK Klub der Sportfreunde
7	Max Becker	M	30	Open	92	93	212.5	225	-230	225	145	150	-155	150	227.5	237.5	245	245	620	396.55	Elemental Athletes
8	Ilyan Zlatkov	M	32	Open	82	83	195	202.5	207.5	207.5	120	127.5	-132.5	127.5	200	217.5	227.5	227.5	562.5	382.25	KDK Klub der Sportfreunde
9	Aaron Müller	M	29	Open	119.2	120	210	222.5	232.5	232.5	147.5	155	162.5	162.5	237.5	250	260	260	655	377.01	Outcast Strength System
10	Pak Lung (Niki) Cheung	M	31	Open	72.7	74	-177.5	177.5	190	190	107.5	115	122.5	122.5	175	-185	185	185	497.5	364.23	KDK Klub der Sportfreunde
11	Mario Reichle	M	35	Open	98.5	105	172.5	182.5	192.5	192.5	92.5	100	107.5	107.5	195	205	215	215	515	319.09	KDK Klub der Sportfreunde
NS	Claas Lemkemeier	M	33	Open																	Elemental Athletes
Hommes Subjunior, Junior und Master par DOTS																					
Place	Nom	Sexe	Age	Catégorie d'âge	Poids (Kg)	Katégorie de poids (Kg)	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Club
1	Erik Schwarzenbach	M	20	Sub/Junior/Master	92.7	93	215	227.5	237.5	237.5	145	152.5	160	160	245	257.5	270	270	667.5	425.36	Elemental Athletes
2	Janne Dvorak	M	18	Sub/Junior/Master	91.9	93	182.5	195	205	205	132.5	140	145	145	227.5	240	-250	240	590	377.56	KDK Klub der Sportfreunde
3	Kristian Skailand	M	23	Sub/Junior/Master	80.1	83	165	172.5	180	180	105	112.5	-117.5	112.5	210	220	227.5	227.5	520	358.30	KDK Klub der Sportfreunde
4	Andreas Laourdas	M	21	Sub/Junior/Master	92.1	93	175	182.5	190	190	115	120	122.5	122.5	205	220	232.5	232.5	545	348.39	Outcast Strength System
5	Manuel Scherzinger	M	41	Sub/Junior/Master	89.5	93	155	165	172.5	172.5	-115	115	-120	115	225	235	242.5	242.5	530	343.66	Outcast Strength System
6	Fabian Fischer	M	19	Sub/Junior/Master	90.9	93	150	160	167.5	167.5	125	130	137.5	137.5	180	192.5	-200	192.5	497.5	320.09	Outcast Strength System
7	Manuel Meyer	M	44	Sub/Junior/Master	91.9	93	155	165	-175	165	110	-115	115	115	180	200	-210	200	480	307.17	KDK Klub der Sportfreunde
8	Nils Rubitschon	M	17	Sub/Junior/Master	102.5	105	-162.5	162.5	170	170	120	125	130	130	175	190	202.5	202.5	502.5	306.07	Outcast Strength System

\* Best Lifter Overall