

Resultats Compétition de Club Elemental 2024 Luzern

Femmes -57 Kg																		
Place	Nom	Sexe	Poids	Catégorie de poids	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)
1	Mayane Ischi	F	56.1	57	107.5	112.5	117.5	117.5	60	65	67.5	67.5	122.5	127.5	132.5	132.5	317.5	367.59
2	Laura Delay	F	56	57	105	110	-115	110	60	65	-67.5	65	120	125	130	130	305	353.53
3	Sara de Oliveira	F	56.3	57	95	102.5	107.5	107.5	50	55	-57.5	55	110	-120	-127.5	110	272.5	314.75
Femmes -63 Kg																		
Place	Nom	Sexe	Poids	Catégorie de poids	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)
1	Yelyzaveta Timashkova	F	60.7	63	100	-110	110	110	55	-60	-60	55	125	135	-145	135	300	330.15
2	Marie Ramelet	F	62.2	63	90	-102.5	112.5	112.5	55	-60	-60	55	100	112.5	122.5	122.5	290	314.35
3	Stephanie Brughelli	F	61.6	63	80	85	90	90	50	55	57.5	57.5	110	120	130	130	277.5	302.60
4	Emilie Martinelli	F	62.2	63	102.5	107.5	-110	107.5	55	57.5	60	60	100	-105	-105	100	267.5	289.96
Femmes -69 Kg																		
Place	Nom	Sexe	Poids	Catégorie de poids	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)
1	Katja Aeschbacher	F	66.8	69	145	150	152.5	152.5	77.5	80	82.5	82.5	170	182.5	190	190	425	441.43
2	Léonie Küttel	F	66.7	69	105	110	115	115	65	70	75	75	140	147.5	152.5	152.5	342.5	356.05
3	Lou Malika Derder	F	68.3	69	97.5	105	107.5	107.5	82.5	87.5	90	90	120	130	132.5	132.5	330	338.39
4	Catherine Andrey	F	68.4	69	120	127.5	-135	127.5	72.5	-77.5	-77.5	72.5	120	127.5	-135	127.5	327.5	335.55
Femmes -76 Kg, 84+ Kg à Dots																		
Place	Nom	Sexe	Poids	Catégorie de poids	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)
1	Stefanie Glanzmann	F	87.8	84+	140	145	150	150	70	72.5	-75	72.5	172.5	182.5	190	190	412.5	371.85
2	Nadine Schruttt	F	74.9	76	125	132.5	140	140	60	-62.5	-62.5	60	140	150	160	160	360	350.88
3	Vitoria Blaser	F	110.3	84+	-145	145	155	155	-55	55	62.5	62.5	150	165	170	170	387.5	319.13
Hommes -66 Kg, -74 Kg à Dots																		
Place	Nom	Sexe	Poids	Catégorie de poids	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)
1	Leonardo Ravasini	M	65.2	66	180	190	200	200	112.5	117.5	-122.5	117.5	185	-195	200	200	517.5	409.18
2	Bastien Mourier	M	72.6	74	160	175	-190	175	110	115	-120	115	240	-247.5	-247.5	240	530	388.38
3	Ilann Tobit Ndeutath	M	71.2	74	165	-172.5	175	175	92.5	97.5	-102.5	97.5	215	225	232.5	232.5	505	374.93
4	Jesus Povedano	M	72	74	-135	135	145	145	90	-95	-95	90	190	200	205	205	440	324.22
5	Hugo Perret	M	72.2	74	125	135	142.5	142.5	90	97.5	100	100	150	160	170	170	412.5	303.39
6	Thibault Waldburger	M	64.3	66	120	130	-140	130	72.5	77.5	-82.5	77.5	140	150	160	160	367.5	293.65
7	Mykola Vadaturskyy	M	72.5	74	130	-137.5	-145	130	87.5	95	-105	95	150	160	170	170	395	289.72
Hommes -83 Kg																		
Place	Nom	Sexe	Poids	Catégorie de poids	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)
1	Federico Gandola	M	79.2	83	195	210	225	225	125	132.5	-140	132.5	280	-282.5	-282.5	280	637.5	442.21
2	Luca Manganaro	M	82.7	83	160	170	180	180	100	110	117.5	117.5	-220	-220	220	220	517.5	350.07
3	Maximilian Schmalfluss	M	81.4	83	130	135	-140	135	110	115	120	120	180	190	200	200	455	310.59
4	Lukas Probst	M	83	83	135	150	167.5	167.5	90	105	-117.5	105	150	170	-185	170	442.5	298.73
Hommes -93 Kg																		
Place	Nom	Sexe	Poids	Catégorie de poids	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)
1	Alexandre Arnaud	M	91.3	93	230	-250	267.5	267.5	150	157.5	162.5	162.5	265	280	-292.5	280	710	455.82
2	Dominik Barenthien	M	91.7	93	200	210	225	225	130	-140	142.5	142.5	225	245	255	255	622.5	398.78
3	Samuel Geiser	M	89.2	93	195	205	215	215	135	-140	-140	135	260	-280	-280	260	610	396.21
4	Axel Thorens	M	89.8	93	185	202.5	210	210	112.5	117.5	-122.5	117.5	215	235	-252.5	235	562.5	364.12
5	Dylan Schmid	M	86.6	93	145	152.5	160	160	97.5	102.5	-107.5	102.5	157.5	167.5	175	175	437.5	288.58
Hommes -105 Kg, -120 Kg, 120+ Kg à Dots																		
Place	Nom	Sexe	Poids	Catégorie de poids	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)
1	Jonas Arnold	M	111.1	120	240	255	270	270	145	152.5	160	160	225	250	-270	250	680	401.25
2	Claas Lemkemeier	M	112.2	120	240	252.5	-260	252.5	145	152.5	157.5	157.5	225	240	-250	240	650	382.16
3	Mario Wanger	M	121.9	120+	225	235	-245	235	147.5	155	162.5	162.5	245	265	-270	265	662.5	378.51
4	Gianluca Lorenzetti	M	96	105	185	192.5	202.5	202.5	105	112.5	117.5	117.5	200	212.5	222.5	222.5	542.5	340.05
5	Jakob Sperling	M	97.7	105	160	172.5	182.5	182.5	115	125	-132.5	125	190	205	215	215	522.5	324.92
6	Teodoro Morcone	M	135.3	120+	-130	135	-175	135	120	132.5	-140	132.5	-220	220	-225	220	487.5	269.77

* Best Lifter Overall