

Résultats Junior, Master et Bench CS 2024 Fällanden

Femmes Sub-Junior à Dots																			
Place	Nom	Sexe	Catégorie d'âge	Poids	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Club
1	Flora Filipe	F	Sub-Junior	76.1	-127.5	137.5	145	145	70	77.5	80.5	80.5	155	167.5	-175	167.5	393	379.86	Powerlifting Lausanne
2	Lee-Iou Connebert	F	Sub-Junior	46.7	90	95	100	100	45	-50	52.5	52.5	100	107.5	110	110	262.5	345.66	Geneva Powerlifting
Femmes Junior à Dots																			
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1	Sarah Jaeggi	F	Junior	75.8	-155	155	172.5	172.5	-85	85	92.5	92.5	175	187.5	-200	187.5	452.5	438.27	Kraftdreikampf Klub der Sportfreunde
2	Leonie Brunner	F	Junior	59.9	127.5	135	-140	135	70	-72.5	72.5	72.5	155	163	166	166	373.5	414.48	Outcast Strength System
3	Anouk Sennrich	F	Junior	66.8	110	120	130	130	60	67.5	-72.5	67.5	125	135	142.5	142.5	340	353.14	One Rep Strength
4	Aurea Meier	F	Junior	62.1	-95	95	100	100	62.5	67.5	-70	67.5	115	127.5	140	140	307.5	333.65	Atlas Gym
5	Raquel Pereira da Costa	F	Junior	57.1	85	90	95	95	45	50	-55	50	110	122.5	135	135	280	320.43	Geneva Powerlifting
6	Chiara Mikaela Witzig	F	Junior	85.7	120	127.5	130	130	60	-65	65	65	130	140	150	150	345	314.48	Outcast Strength System
Femmes Master à Dots																			
Place	Nom	Sexe	Catégorie d'âge	Poids	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Club
1	Stefanie Glanzmann	F	Master	89	-140	140	-145.5	140	65	67.5	70	70	180	-190	-195.5	180	390	349.42	Outcast Strength System
2	Angie Clark	F	Master	106.1	135	143	147.5	147.5	92.5	-96	-96	92.5	150	160	167.5	167.5	407.5	340.14	Beo Barbell Club
Femmes Bench Only à Dots																			
Place	Nom	Sexe	Catégorie d'âge	Poids	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Club
1	Lola Trempe	F	Open	51.8					72.5	76	80	80					80	97.77	Nordic Barbell Club
2	Verónica Gattuso	F	Open	67.6					80	85	-90	85					85	87.68	Kraftdreikampf Klub der Sportfreunde
3	Laura Rettig	F	Open	70.2					77.5	82.5	-85	82.5					82.5	83.30	Neuchâtel Force
4	Michelle Sennhauser	F	Open	65					57.5	62.5	-65	62.5					62.5	65.97	Barbell Club Nordquart
Hommes Sub-Junior à Dots																			
Place	Nom	Sexe	Catégorie d'âge	Poids	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Club
1	Luis Zettler	M	Sub-Junior	99.2	-225	225	237.5	237.5	-165	170	177.5	177.5	240	260	275	275	690	426.19	Schwerathletik Nordwest
2	Toni Elmer	M	Sub-Junior	81.8	-210	215	220	220	130	135	140.5	140.5	-210	220	-230	220	580.5	395.14	Powerlifting Wil
3	Ilann Tobit Ndjeutath	M	Sub-Junior	71.3	165	177.5	182.5	182.5	-95	-95	95	95	220	230	239	239	516.5	383.11	C.H. Châtelaine Section haltérophilie
4	Mohamed El Saidi	M	Sub-Junior	73.3	187.5	193	200	200	90	95	-97.5	95	180	190	-195	190	485	353.16	Powerlifting Wil
5	Gary Kunzi	M	Sub-Junior	65.3	-147.5	157.5	-167.5	157.5	77.5	82.5	-85	82.5	162.5	175	180	180	420	331.71	Neuchâtel Force
6	Mykola Vadatursky	M	Sub-Junior	71.7	135	-142.5	-142.5	135	95	-100	-105	95	-160	170	180	180	410	302.96	CLHM Club lausannois d'haltérophilie et de musculation
7	Jesus Povedano	M	Sub-Junior	76.8	137.5	-145	145	145	-95	95	-100	95	180	-190	-192.5	180	420	296.85	C.H. Châtelaine Section haltérophilie
8	Dylan Schmid	M	Sub-Junior	83.3	147.5	-155	-155	147.5	100	-105	105	105	162.5	170	-180	170	422.5	284.65	Elemental Athletes
DQ	Ilias Seidel	M	Sub-Junior	72.8	187.5	-200	-205	187.5	-120	-122.5	-122.5		200	-215	-215	200			Geneva Powerlifting
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1	Thomas Fujise	M	Junior	92.8	235	250	260	260	170	180	185	185	260	270	-281	270	715	455.39	Geneva Powerlifting
2	Laurin Schmid	M	Junior	81.2	-210	210	225	225	150	160	167.5	167.5	225	242.5	-253	242.5	635	434.07	One Rep Strength
3	Remi Tregan	M	Junior	88.9	227.5	240	251	251	-130	135	140	140	245	260	275	275	666	433.33	Outcast Strength System
4	Janne Dvorak	M	Junior	98.4	217.5	232.5	240	240	172.5	180	185	185	245	257.5	270	270	695	430.82	Kraftdreikampf Klub der Sportfreunde
5	Benjamin Hostettler	M	Junior	101.7	230	240	-250	240	125	130	137.5	137.5	237.5	250	257.5	257.5	635	388.05	Outcast Strength System
6	Léo Rossetti	M	Junior	79	160	172.5	177.5	177.5	122.5	130	132.5	132.5	210	222.5	232.5	232.5	542.5	376.89	Powerlifting Lausanne
7	Clément Bourqui	M	Junior	150	260	275	-285	275	-170	170	-180	170	230	245	-250	245	690	371.05	Nordic Barbell Club
8	Leo Toffel	M	Junior	81.5	-177.5	-182.5	182.5	182.5	127.5	135	-140	135	200	210	225	225	542.5	370.05	Nordic Barbell Club
9	Mateo Suarez Gomez Juan	M	Junior	71.4	-155	162.5	-170	162.5	92.5	100	-102.5	100	220	-235	-235	220	482.5	357.55	Geneva Powerlifting
10	Noah Momcilovic	M	Junior	92.6	210	-215	-215	210	-135	135	-145	135	202.5	215	-220	215	560	357.04	CLHM Club lausannois d'haltérophilie et de musculation
11	Marius Aratto	M	Junior	117.4	200	212.5	220	220	130	-137.5	140	140	222.5	240.5	250	250	610	352.93	Elemental Athletes
12	Gianluca Lorenzetti	M	Junior	93.2	190	200	-207.5	200	115	-122.5	122.5	122.5	205	220	-225	220	542.5	344.81	One Rep Strength
13	Sageesan Devanatham	M	Junior	90.6	160	170	-177.5	170	120	125	127.5	127.5	200	215	222.5	222.5	520	335.11	Outcast Strength System
14	Dominik Jardines	M	Junior	76.1	152.5	-165	-170	152.5	75	85	90	90	160	175	182.5	182.5	425	302.11	One Rep Strength
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1	Pascal Michel Imhof	M	Master	116.7	-235	245	255	255	175	185	-190.5	185	270	-280	280	280	720	417.43	One Rep Strength
2	Peter Hofer	M	Master	88.6	160	-172.5	175	175	117.5	120	122.5	122.5	215	227.5	-232.5	227.5	525	342.19	Schwerathletik Nordwest
3	Morel Jacques	M	Master	90.2	162.5	172.5	-180	172.5	115	120	125	125	185	200	205	205	502.5	324.55	Nordic Barbell Club
4	Luigi De Rosa	M	Master	88.2	180	185	-190	185	107.5	112.5	-115	112.5	180	-185	185	185	482.5	315.22	Elemental Athletes
5	Manuel Meyer	M	Master	91.4	-155	155	-165	155	110	117.5	-120	117.5	180	200	-205	200	472.5	303.18	Kraftdreikampf Klub der Sportfreunde
6	Tobias Nager	M	Master	102.9	155	-167.5	170	170	100	-105	105	105	180	195	-205	195	470	285.81	Powerlifting Winti
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1	Hugo Décotterd	M	Open	92.3					172.5	181.5	-182	181.5					181.5	115.90	Nordic Barbell Club
2	Jerome Wittwer	M	Master	109.6					177.5	190	192.5	192.5					192.5	114.17	Powerlifting Nordostschweiz
3	Gabriel Cervera Arriaga	M	Open	96.2					162.5	170	-175	170					170	106.46	Outcast Strength System
4	Raphael Reinalter	M	Open	97.4					152.5	160	-162.5	160					160	99.63	Outcast Strength System
5	Isaiah Raza	M	Open	97.1					147.5	152.5	-157.5	152.5					152.5	95.10	Outcast Strength System
6	Noah Giblin	M	Open	82.2					105	110	115	115					115	78.06	Kraftdreikampf Klub der Sportfreunde

Best Lifter Overall