

Résultats Championnat de Club OSS 2024 Ottenbach

Femmes -63 Kg, -69 Kg, -76 Kg, 84+ Kg à Dots																				
Place	Nom	Sexe	Age	Poids (Kg)	Catégorie de poids (Kg)	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Club
1	Ceyda Raza	F	27	68	69	137.5	142.5	147.5	147.5	77.5	82.5	85	85	137.5	145	150	150	382.5	393.22	Outcast Strength System
2	Stefanie Glanzmann	F	42	86.5	84+	-130	-135	135	135	-65	67.5	70	70	160	165	172.5	172.5	377.5	342.63	Outcast Strength System
3	Raquel Peireira da Costa	F	21	58.8	63	85	95	105	105	45	52.5	-57.5	52.5	110	125	142.5	142.5	300	336.86	Geneva Powerlifting
4	Simona Coppola	F	23	69.7	76	100	107.5	115	115	-65	-67.5	67.5	67.5	120	130	137.5	137.5	320	324.38	Outcast Strength System
5	Saskia Senn	F	26	71.1	76	105	110	-115	110	57.5	62.5	-65	62.5	132.5	142.5	147.5	147.5	320	320.80	One Rep Strength
6	Nadine Schaufelberger	F	35	72.6	76	110	120	-127.5	120	55	60	65	65	115	125	135	135	320	317.15	Powerlifting Winti
7	Aurea Meier	F	21	62.7	63	75	85	-95	85	52.5	60	-67.5	60	105	125	135	135	280	302.02	
8	Dana Geissbühler	F	23	71.9	76	70	77.5	85	85	65	70	72.5	72.5	92.5	102.5	107.5	107.5	265	264.03	Outcast Strength System
Hommes -66 Kg, -74 Kg, 120+ Kg à Dots																				
Place	Nom	Sexe	Age	Poids (Kg)	Catégorie de poids (Kg)	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Club
1	Yao Han Ang	M	37	130.9	120+	275	285	290	290	175	182.5	-187.5	182.5	275	285	-292.5	285	757.5	423.28	One Rep Strength
2	Duarte Da Silva	M	21	63.1	66	185	195	205	205	115	120	125	125	180	-190	-190	180	510	413.47	Geneva Powerlifting
3	Samsou Yemane	M	30	73.2	74	175	185	-190	185	110	117.5	122.5	122.5	205	215	220	220	527.5	384.45	CLHM
4	Mateo Suarez	M	19	71.4	74	150	160	-162.5	160	90	-97.5	-97.5	90	210	-225	225	225	475	351.99	Geneva Powerlifting
5	Gary Kunzi	M	17	63.9	66	140	147.5	152.5	152.5	75	80	-82.5	80	157.5	167.5	172.5	172.5	405	325.16	Neuchatel Force
Hommes -83 Kg																				
Place	Nom	Sexe	Age	Poids (Kg)	Catégorie de poids (Kg)	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Club
1	Vasco Artino	M	38	80.7	83	200	220	232.5	232.5	120	127.5	135	135	250	275	-300	275	642.5	440.78	Barbell Club Landquart
2	Anthony Fomachon	M	24	82.2	83	210	220	-225	220	135	-140	-140	135	240	252.5	262.5	262.5	617.5	419.16	Nordic Barbell Club
3	Leo Toffel	M	20	82.3	83	-180	180	187.5	187.5	122.5	130	135	135	202.5	212.5	222.5	222.5	545	369.69	Nordic Barbell Club
4	Matthias Balla	M	25	82.4	83	175	185	-192.5	185	105	112.5	117.5	117.5	220	232.5	242.5	242.5	545	369.43	Outcast Strength System
5	Bryan Moos	M	20	79.7	83	175	-182.5	185	185	117.5	122.5	-125	122.5	210	220	230	230	537.5	371.45	Geneva Powerlifting
6	Lars Willi	M	23	81.3	83	200	210	-225	210	122.5	130	-137.5	130	195	-205	-205	195	535	365.45	Barbell Club Landquart
7	Adrian Mischler	M	27	81.9	83	140	150	160	160	112.5	117.5	-120	117.5	205	217.5	230	230	507.5	345.21	Outcast Strength System
8	Daniel Silva	M	19	80.1	83	-172.5	172.5	-182.5	172.5	112.5	-115	115	115	195	202.5	210	210	497.5	342.80	Powerlifting Lausanne
9	Mohamed El Saldi	M	17	76.2	83	170	-180	180	180	80	85	90	90	165	175	185	185	455	323.16	Powerlifting Wil
10	Gaëtan Guitard	M	25	80.1	83	150	160	170	170	110	122.5	-130	122.5	160	-180	-200	160	452.5	311.79	Perf gym
Hommes -93 Kg																				
Place	Nom	Sexe	Age	Poids (Kg)	Catégorie de poids (Kg)	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Club
1	Hugo Décotterd	M	25	91.9	93	210	215	230	230	165	175	-182.5	175	235	245	255	255	660	422.36	Nordic Barbell Club
2	Liam Martin	M	24	91.1	93	217.5	230	240	240	157.5	-167.5	-170	157.5	235	250	-262.5	250	647.5	416.14	Geneva Powerlifting
3	Gioele Ronchetti	M	20	92.3	93	210	225	232.5	232.5	150	157.5	-162.5	157.5	240	255	-270	255	645	411.88	Kraftdreikampf Klub der Sportfreunde
4	Mateusz Fido	M	25	90.4	93	190	205	215	215	145	152.5	-160	152.5	230	245	-255	245	612.5	395.16	One Rep Strength
5	Damien Enriquez	M	25	91.7	93	205	-215	-225	205	130	135	137.5	137.5	227.5	240	247.5	247.5	590	377.96	Geneva Powerlifting
6	Benjamin Hostettler	M	20	92.9	93	210	222.5	230	230	117.5	122.5	127.5	127.5	220	232.5	-242.5	232.5	590	375.58	Outcast Strength System
7	Matthieu Perret	M	26	91.4	93	202.5	-210	210	210	140	142.5	-145	142.5	210	-220	227.5	227.5	580	372.16	Nordic Barbell Club
8	Dominiq Barenthien	M	30	89.9	93	180	195	202.5	202.5	125	132.5	140	140	215	230	-250	230	572.5	370.39	Kraftdreikampf Klub der Sportfreunde
9	Samir Lambert	M	23	90.7	93	165	175	182.5	182.5	140	145	150	150	190	205	-212.5	205	537.5	346.20	CLHM
10	Christoph Ciuca	M	19	91.7	93	187.5	192.5	-197.5	192.5	112.5	117.5	-122.5	117.5	210	217.5	-227.5	217.5	527.5	337.92	Powerlifting Lausanne
11	Luigi De Rosa	M	46	89.2	93	185	195	205	205	-107.5	107.5	-115	107.5	185	195	-200	195	507.5	329.64	Elemental Athletes
12	Jacques Morel	M	39	91.2	93	-160	160	170	170	112.5	120	-125	120	180	190	200	200	490	314.75	Nordic Barbell Club
DQ	Axel Thorens	M	28	90.8	93	195	212.5	220	220	117.5	122.5	-125	122.5	-230	-237.5	-237.5				Perf gym
Hommes -105 Kg																				
Place	Nom	Sexe	Age	Poids (Kg)	Catégorie de poids (Kg)	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Club
1	Thomas Fujise	M	22	93.3	105	225	235	245	245	-155	160	175	175	230	245	265	265	685	435.16	Geneva Powerlifting
2	Maximilian Becker	M	31	95.5	105	240	252.5	260	260	152.5	160	165	165	250	260	-270	260	685	430.41	Elemental Athletes
3	Karim Genevay	M	23	99.9	105	210	220	225	225	150	-157.5	-160	150	250	280	-290	280	655	403.34	Perf gym
4	Maric Grepper	M	35	102.9	105	200	215	230	230	135	145	-152.5	145	220	245	-255	245	620	377.02	Barbell Club Landquart
5	Nathan Tompssett	M	24	102.1	105	190	205	215	215	130	142.5	150	150	200	220	235	235	600	366.05	
6	Nicholas Larson	M	28	95.9	105	195	207.5	-215	207.5	110	115	120	120	220	237.5	245	245	572.5	359.03	Outcast Strength System
7	Fridolin Häuser	M	27	93.4	105	180	187.5	197.5	197.5	112.5	120	125	125	190	205	220	220	542.5	344.46	Schwerathletik Nordwest
8	Youssef Assaf	M	24	102.4	105	195	205	215	215	100	110	-117.5	110	195	215	-230	215	540	329.04	Perf gym
9	Tobias Nager	M	41	103.5	105	-145	-145	145	145	97.5	-105	-105	97.5	165	177.5	185	185	427.5	259.34	Powerlifting Winti
Hommes -120 Kg																				
Place	Nom	Sexe	Age	Poids (Kg)	Catégorie de poids (Kg)	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Club
1	Danielle Pola	M	26	114.6	120	280	295	305	305	190	200	210	210	260	285	305	305	820	478.44	Barbell Club Landquart
2	Tom Thoma	M	36	114.4	120	247.5	262.5	-275	262.5	175	182.5	-187.5	182.5	275	-305	-305	275	720	420.36	Elemental Athletes
3	Mathias Emberger	M	24	107.8	120	245	262.5	275	275	147.5	155	157.5	157.5	242.5	257.5	270	270	702.5	419.29	Elemental Athletes
4	Alexandre Simik	M	28	117.5	120	220	237.5	242.5	242.5	150	160	165	160	270	290	300	300	702.5	406.33	Perf gym
5	Patryk Matys	M	26	112.8	120	190	-202.5	210	210	120	127.5	135	135	240	252.5	-265	252.5	597.5	350.61	Outcast Strength System
6	Lorik Bajrami	M	19	111.8	120	170	185	-200	185	105	-112.5	112.5	112.5	190	215	225	225	522.5	307.60	424 barbell

* Best Lifter Overall