Résultats Championnat Suisse Romand 2023 Bienne

Femmes -52 Kg

Place	Nom	Sexe	Age	Poids (Kg)	Catégorie de poids (Kg)	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Club
1	Sandrine Genoud	F	35	48.5	52	90	95	100	100	-47.5	50	-52.5	50	100	110	117.5	117.5	267.5	342.60	Powerlifting Lausanne
2	Laura Delay	F	25	50.3	52	90	95	-100	95	50	55	-57.5	55	100	105	110	110	260	324.40	Geneva Powerlifting

Femmes -57 Kg

Place	Nom	Sexe	Age	Poids (Kg)	Catégorie de poids (Kg)	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Club
1	Selin Tabak	F	25	56.4	57	110	117.5	120	120	65	70	-72.5	70	110	120	130	130	320	369.18	Outcast Strength System

Femmes -63 Kg

Place	Nom	Sexe	Age	Poids (Kg)	Catégorie de poids (Kg)	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Club
1	Célestine Nguyen	F	29	62	63	97.5	105	110	110	42.5	-47.5	-47.5	42.5	122.5	130	132.5	132.5	285	309.54	Geneva Powerlifting

Femmes -69 Kg

Place	Nom	Sexe	Age	Poids (Kg)	Catégorie de poids (Kg)	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Club
1	Daniela Niklaus	F	37	66.5	69	95	105	112.5	112.5	75	80	82.5	82.5	145	160	165	165	360	374.90	Schwerathletik Nordwest
2	Grace Willis	F	25	64.9	69	90	95	100	100	52.5	57.5	-60	57.5	105	115	-120	115	272.5	287.88	Beo Barbell Club
3	Sophia Meier	F	16	67.3	69	85	95	-100	95	42.5	-50	50	50	90	100	-110	100	245	253.37	Powerlifting Wil

Femmes -76 Kg

Place	Nom	Sexe	Age	Poids (Kg)	Catégorie de poids (Kg)	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Club
1	Delia Gerber	F	27	69.2	76	-87.5	87.5	92.5	92.5	60	-65	-70	60	90	105	115	115	267.5	272.27	Barbell Club Landquart
2	Coralie Visinand	F	31	75.9	76	85	-90	90	90	42.5	47.5	-50	47.5	100	110	-115	110	247.5	239.55	Geneva Powerlifting

Femmes 84+ Kg

Place	Nom	Sexe	Age	Poids (Kg)	Catégorie de poids (Kg)	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Club
1	Jessica Butera	F	30	88	84+	180	190	200	200	85	90	95	95	155	-167.5	167.5	167.5	462.5	416.49	Barbell Club Landquart
2	Debora Fischer	F	31	96	84+	122.5	135	140	140	90	95	-100	95	140	150	160	160	395	342.61	Barbell Club Landquart
3	Jasna Behaderovic	F	32	87	84+	127.5	132.5	137.5	137.5	72.5	75	80	80	140	150	160	160	377.5	341.72	Bienna Powerlifting
4	Cloé Soudy	F	28	105	84+	125	135	147.5	147.5	60	65	-70	65	165	-175	-175	165	377.5	316.28	Geneva Powerlifting

Hommes -59 Kg

Place	Nom	Sexe	Age	Poids (Kg)	Catégorie de poids (Kg)	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Club
1	Janis Brunner	M	29	58.2	59	140	146	152.5	152.5	90	97.5	-100	97.5	180	202.5		202.5	452.5	391.75	Barbell Club Landquart

Hommes -66 Kg

Place	Nom	Sexe	Age	Poids (Kg)	Catégorie de poids (Kg)	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Club
1	Andrés Ahumada	M	22	66	66	155	165	175	175	100	110	-115	110	190	205	215	215	500	391.76	Geneva Powerlifting
2	Duarte Da Silva	M	20	59.7	66	170	-175	180	180	105	115	-120	115	170	177.5	-187.5	177.5	472.5	400.46	Geneva Powerlifting
3	Antoine Papinot	M	22	64.9	66	147.5	155	-160	155	95	100	-105	100	200	210	-220	210	465	368.95	Geneva Powerlifting

Hommes -74 Kg

Place	Nom	Sexe	Age	Poids (Kg)	Catégorie de poids (Kg)	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Club
1	Eduardo Germann	M	19	72.8	74	165	172.5	-180	172.5	100	105	-110	105	210	220	-227.5	220	497.5	363.90	Geneva Powerlifting
2	Aurélien Delille	M	19	70.4	74	165	172.5	-180	172.5	112.5	117.5	122.5	122.5	177.5	190	200	200	495	370.36	Powerlifting Lausanne
3	John Gamboa	M	30	70.5	74	135	145	-155	145	85	95	102.5	102.5	150	160	170	170	417.5	312.07	Geneva Powerlifting
4	Davide Carciola	M	18	71.3	74	-125	132.5	140	140	70	75	80	80	172.5	190	-205	190	410	304.11	Powerlifting Wil

Hommes -83 Kg

Place	Nom	Sexe	Age	Poids (Kg)	Catégorie de poids (Kg)	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Club
1	Alessandro Lurati	M	26	82.6	83	217.5	227.5	237.5	237.5	145	155	160	160	272.5	285	-290.5	285	682.5	462.00	Bull' powerlifting club
2	Mathias Braun	M	45	82	83	210	225	235	235	125	135	140	140	215	-235	242.5	242.5	617.5	419.74	Schwerathletik Nordwest
3	Timothy Inkoom	M	25	81.4	83	175	185	-192.5	185	102.5	112.5	117.5	117.5	210	220	-240	220	522.5	356.66	Geneva Powerlifting
4	Raphael Reinalter	M	22	81.9	83	160	167.5	172.5	172.5	122.5	127.5	-130	127.5	195	207.5	220	220	520	353.71	Outcast Strength System
5	Livio Strahm	M	20	82.5	83	160	170	175	175	105	110	-115	110	205	215	222.5	222.5	507.5	343.78	Schwerathletik Nordwest
6	Jassim Messina	M	19	81.5	83	-160	160	-180	160	90	-97.5	-97.5	90	210	225	-237.5	225	475	324.01	CLHM Club lausannois d'haltérophilie et de musculation
7	Matthias Balla	M	24	80.6	83	155	-162.5	-165	155	90	95	-100	95	180	190	200	200	450	308.94	Outcast Strength System

Hommes -93 Kg

Place	Nom	Sexe	Age	Poids (Kg)	Catégorie de poids (Kg)	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Club
1	Colin Morales	M	25	91.5	93	235	247.5	257.5	257.5	145	152.5	160	160	275	292.5	-305.5	292.5	710	455.33	Outcast Strength System
2	Axel Mermin	M	28	91.7	93	210	225	235	235	170	177.5	-181.5	177.5	240	250	260	260	672.5	430.81	Geneva Powerlifting
3	Aurélien Fontova-Beccucci	M	25	92.9	93	215	225	230	230	-135	135	140	140	270	285	295	295	665	423.33	Geneva Powerlifting
4	Jonathan Cuennet	M	19	91.7	93	200	212.5	220	220	-155	160	-172.5	160	-200	220	230	230	610	390.78	Bull' powerlifting club
5	Samuel Geiser	M	30	91.2	93	-197.5	197.5	210	210	130	-137.5	-137.5	130	240	255	262.5	262.5	602.5	387.01	Bienna Powerlifting
6	Samuel Schumacher	M	28	90.7	93	160	170	175	175	130	140	145	145	200	220	240	240	560	360.69	Schwerathletik Nordwest
7	Peter Hofer	M	59	88.6	93	-170	-180	180	180	117.5	120	-122.5	120	205	225	-235	225	525	342.19	Schwerathletik Nordwest
8	Christian Puntel	M	46	91.6	93	155	-165	170	170	120	127.5	-132.5	127.5	190	205	-210	205	502.5	322.08	Schwerathletik Nordwest

Hommes -105 Kg

Place	Nom	Sexe	Age	Poids (Kg)	Catégorie de poids (Kg)	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Club
1	Juan Antonio Pinillo	M	31	103.3	105	235	250	-260	250	152.5	160	-167.5	160	255	270	282.5	282.5	692.5	420.43	Bienna Powerlifting
2	Felix Schelbert	M	28	104.1	105	220	232.5	-240	232.5	155	-165	-165	155	265	275	282.5	282.5	670	405.49	One Rep Strength
3	Christopher Sileno	M	28	99.3	105	175	187.5	200	200	130	140	142.5	142.5	230	245	252.5	252.5	595	367.35	Outcast Strength System
4	Korbinian Kreissl	M	24	97.8	105	135	145	152.5	152.5	87.5	92.5	-100	92.5	180	195	-200	195	440	273.49	Powerlifting Will

Hommes -120 Kg

Place	Nom	Sexe	Age	Poids (Kg)	Catégorie de poids (Kg)	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Club
1	Daniele Pola	M	25	117	120	275	291	305	305	180	192.5	202.5	202.5	260	280	292.5	292.5	800	463.40	Barbell Club Landquart
2	Silvano Senn	M	39	106.3	120	205	220	-225	220	122.5	130	135	135	240	260	-270	260	615	369.09	One Rep Strength
3	Nawfel Rouibah	M	22	117.3	120	180	200	210	210	-130	-140	140	140	230	240	-260	240	590	341.46	Geneva Powerlifting

Hommes 120+ Kg

Place	Nom	Sexe	Age	Poids (Kg)	Catégorie de poids (Kg)	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Club
1	Mario Wanger	M	33	122.2	120+	215	230	-242.5	230	147.5	155	-160	155	230	250	270	270	655	373.93	Barbell Club Landquart
NS	Patrick Jäggi	M	36																	Barbell Club Landquart

* Best Lifter Overall