

Resultate Schweizer Meisterschaft 2025 Ottenbach

Frauen -52 Kg																					
Rank	Name	Geschlecht	Alter	Körpergewicht	Gewichtsklasse	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Team	
1	Ichi Mayane	F	21	51.7	52	122.5	-127.5	-127.5	122.5	77.5	82.5	-85.5	82.5	132.5	142.5	150	150	355	434.46	Ultime Club	
2	Lucie Connebert	F	19	49.7	52	105	-112.5	115	115	55	65	-72.5	65	135	-142.5	-142.5	135	315	396.40	Geneva Powerlifting	
Frauen -57 Kg																					
Rank	Name	Geschlecht	Alter	Körpergewicht	Gewichtsklasse	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Team	
1	Anouk Wandeler	F	27	54	57	130	137.5	143	143	72.5	77.5	80	80	165	172.5	180	180	403	478.65	Kraftdreikampf Klub der Sportfreunde	
2	Coraline Fuchsaz	F	21	56.5	57	115	122.5	125	125	60	62.5	65	65	145	150	-160	150	340	391.79	Geneva Powerlifting	
3	Sara Angelica Toso	F	25	56.4	57	100	105	110	110	-62.5	-62.5	62.5	62.5	-142.5	155	-160	155	337.5	373.83	Ultime Club	
4	Morgane Zbinden	F	30	56.6	57	110	115	-120	115	60	62.5	65	65	135	142.5	-147.5	142.5	322.5	371.20	Powerlifting Lausanne	
5	Sara De oliveira	F	25	56.6	57	102.5	110	115	115	57.5	60	-62.5	60	112.5	125	130	130	305	351.05	Geneva Powerlifting	
Frauen -63 Kg																					
Rank	Name	Geschlecht	Alter	Körpergewicht	Gewichtsklasse	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Team	
1	Jana Wolf	F	34	63	63	-172.5	122.5	-180	122.5	80	85	90	90	180	190	-198	190	452.5	486.67	Outcast Strength System	
2	Katja Aeschbacher	F	26	63	63	147.5	155	-157.5	155	87.5	92.5	-95	92.5	177.5	185	192.5	192.5	440	473.23	Outcast Strength System	
3	Leonie Brunner	F	21	62	63	132.5	137.5	142.5	142.5	70	72.5	75	75	170	177.5	-185	177.5	395	429.01	Outcast Strength System	
4	Juliette Hadorn	F	27	60.8	63	130	140	140	140	70	75	-80	75	155	167.5	172.5	172.5	387.5	426.00	Ultime Club	
5	Lou Malika Dieder	F	26	62.3	63	-112.5	112.5	117.5	117.5	90	95	-100	95	135	135	-140	135	347.5	375.30	Ultime Club	
6	Marie Ramelet	F	22	61.6	63	115	-125	125	125	62.5	65	67.5	67.5	125	135	145	145	337.5	368.03	Powerlifting Lausanne	
7	Emilie Martinielli	F	23	62.1	63	107.5	115	120	120	-57.5	57.5	62.5	62.5	137.5	147.5	152.5	152.5	335	363.49	Atlas Gym	
Frauen -69 Kg																					
Rank	Name	Geschlecht	Alter	Körpergewicht	Gewichtsklasse	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Team	
1	Denise Günther	F	30	68.9	69	160	167.5	173	173	95	99	101	101	175	-182.5	187.5	187.5	417.5	461.5	471.27	Outcast Strength System
2	Veronica Gattuso	F	26	67	69	152.5	160	165	165	90	95	97.5	97.5	180	-190	-200	180	442.5	458.80	Kraftdreikampf Klub der Sportfreunde	
3	Andrea Marx	F	32	68.8	69	145	152.5	155	155	87.5	90	-92.5	90	175	187.5	-200	187.5	432.5	441.66	Schwerathletik Nordwest	
4	Larissa Bischof	F	25	67.1	69	142.5	150	155	155	80	85	-90	85	165	175	185	185	425	440.28	Schwerathletik Nordwest	
5	Gisela Zeltner	F	40	64.3	69	125	132.5	137.5	137.5	67.5	70	72.5	72.5	170	185	195	195	405	430.24	Schwerathletik Nordwest	
6	Jessica Jeremes	F	24	67.8	69	142.5	150	-155	150	85	90	95	95	145	155	160	160	405	417.05	Geneva Powerlifting	
7	Daniela Niklaus	F	39	66.9	69	105	112.5	117.5	117.5	77.5	82.5	85	85	160	172.5	177.5	177.5	380	394.34	Schwerathletik Nordwest	
8	Bade Aykut	F	19	67.1	69	102.5	110	-112.5	110	47.5	50	52.5	52.5	90	-100	-100	90	252.5	261.58		
Frauen -75 Kg																					
Rank	Name	Geschlecht	Alter	Körpergewicht	Gewichtsklasse	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Team	
1	Victoria Moser	F	27	73.8	76	170	181	-190	181	92.5	98	101	101	155	165	-172.5	165	447	439.12	Kraftdreikampf Klub der Sportfreunde	
2	Laura Retig	F	33	72.6	76	142.5	152.5	160	160	67.5	72.5	75	75	180	192.5	-200	192.5	427.5	423.70	Neuchâtel Force	
3	Deborah Pungitore	F	35	70.9	76	137.5	145	-150	145	87.5	92.5	-95	92.5	160	170	-175	170	407.5	409.16	Elemental Athletes	
4	Tamara Thoma	F	22	71.5	76	125	132.5	137.5	137.5	87.5	92.5	-95	92.5	175	175	-175	170	395	394.47	Elemental Athletes	
5	Anouk Sennrich	F	20	72.9	76	130	140	-147.5	140	67.5	75	80	80	140	150	-165	155	375	370.83	One Rep Strength	
Frauen -84 Kg																					
Rank	Name	Geschlecht	Alter	Körpergewicht	Gewichtsklasse	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Team	
1	Jasna Thani	F	35	80.8	84	-145	-145	145	145	85	90	95	95	170	180	190	190	430	403.17	Bienna Powerlifting	
2	Nadine Schrott	F	31	82.5	84	152.5	160	165	165	75	77.5	-80	77.5	162.5	170	177.5	177.5	400	389.81	One Rep Strength	
3	Stefanie Glanzmann	F	43	82.8	84	130	137.5	142.5	142.5	75	80	85	80	160	175	182.5	182.5	405	375.24	Outcast Strength System	
4	Nadine Widmer	F	26	82.1	84	-142.5	142.5	150	150	77.5	82.5	-85	82.5	-165	170	-182.5	170	402.5	374.45	Elemental Athletes	
Frauen -94 Kg																					
Rank	Name	Geschlecht	Alter	Körpergewicht	Gewichtsklasse	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Team	
1	Victoria Blaser	F	30	105.1	84+	165	177.5	182.5	182.5	75	80	82.5	82.5	155	180	190	190	455	381.08	Ultime Club	
2	Angie Clark	F	56	98.4	84+	130	-137.5	140	140	80	85	-87.5	85	155	162.5	170	170	395	339.21	Beo Barbell Club	
3	Chloé Pfammatter	F	30	112.5	84+	150	162.5	167.5	167.5	77.5	82.5	-87.5	82.5	110	-135	-135	110	360	294.56	Geneva Powerlifting	
4	Sarah Schmitt	F	24	109	84+	160	175	197.5	197.5	100	110	-112.5	110	160	170	-180	170	477.5	394.83		
Männer -54 Kg																					
Rank	Name	Geschlecht	Alter	Körpergewicht	Gewichtsklasse	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Team	
1	Niccolò Giacomini	M	25	69.1	74	205	215	225	225	125	132.5	137.5	137.5	215	230	245	245	607.5	460.47	Powerlifting Lausanne	
2	Juan Mateo Suarez Gomez	M	21	72.9	74	177.5	187.5	195	195	110	-117.5	-117.5	110	-245	260	270	270	575	420.20	Geneva Powerlifting	
3	Matteo Chevron	M	21	72	74	192.5	-200	200	200	112.5	117.5	122.5	122.5	210	220	-242.5	220	542.5	399.75	Powerlifting Lausanne	
Männer -61 Kg																					
Rank	Name	Geschlecht	Alter	Körpergewicht	Gewichtsklasse	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Team	
1	Patrick Kürzi	M	26	61.8	63	245	260	270	270	175	185	-190	185	275	300	-305	300	755	513.92	Outcast Strength System	
2	Vasco Artino	M	39	81.5	83	225	235	250	250	135	-142.5	145	145	275	295	300	300	695	474.08	Barbell Club Landquart	
3	Alexandre Arnaud	M	27	82.6	83	225	250	-252.5	250	155	-160	-160	160	260	260	285	285	695	459.47	CHM Club lausannois d'haltérophilie et de musculation	
4	Sev Sigrist	M	37	82.1	83	227.5	240	-250	240	147.5	155	-160	155	260	275	-285	275	670	455.11	Elemental Athletes	
5	Laurin Schmid	M	24	82.6	83	230	230	237.5	237.5	150	162.5	170	170	230	242.5	257.5	257.5	665	450.16	One Rep Strength	
6	Adrian van Schie	M	32	82.8	83	232.5	247.5	-257.5	247.5	120	127.5	-132.5	127.5	245	262.5	275	275	650	439.40	Kraftdreikampf Klub der Sportfreunde	
7	Levin Meirino	M	31	82.9	83	200	215	225	225	147.5	155	-160	155	240	265	-275	265	645	435.73	Ultime Club	
8	Ilyan Zlaskov	M	35	82.5	83	217.5	227.5	232.5	232.5	132.5	-140	-142.5	142.5	240	255	262.5	262.5	637.5	431.84	Kraftdreikampf Klub der Sportfreunde	
9	Ilann Tobli Ndjéuth	M	19	81.7	83	215	-227.5	232.5	232.5	115	125	130	130	230	252.5	270	270	632.5	430.84	Neuchâtel Force	
10	Jasmin Mesina	M	21	82.4	83	200	217.5	-230	217.5	122.5	130	-135	130	232.5	252.5	260	260	607.5	411.80	CHM Club lausannois d'haltérophilie et de musculation	
11	Clément redon	M	25	82.5	83	210	220	-227.5	220	137.5	142.5	-147.5	142.5	235	242.5	-250	242.5	605	409.82	C.H. Chablaisine Section haltérophilie	
12	Léo Rossati	M	22	82.7	83	192.5	202.5	207.5	207.5	142.5	150	-152.5	152.5	235	240	-245	240	600	400.88	Ultime Club	