

## Résultats Championnat Suisse Open 2023 Bâle

Femmes -52 Kg																					
Place	Name	Sexe	Age	Poids (Kg)	Catégorie de poids (Kg)	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Club	
1	Tanja Kornberger	F	35	51.3	52	100	105	110	110	47.5	50	52.5	52.5	110	118	122.5	122.5	285	350.69	Kraftdreikampf Klub der Sportfreunde	
2	Laura Delay	F	25	50.8	52	97.5	102.5	-107.5	102.5	52.5	55	60	60	105	112.5	120	120	282.5	350.01	Geneva Powerlifting	
3	Laura Toso	F	23	51.9	52	80	87.5	92.5	92.5	47.5	52.5	55	55	115	125	132.5	132.5	280	341.75	Powerlifting Lausanne	
4	Sara De Oliveira	F	23	51.8	52	87.5	90	95	95	47.5	50	-52.5	50	107.5	-110	-110	107.5	252.5	308.60	Powerlifting Lausanne	
Femmes -57 Kg																					
Place	Name	Sexe	Age	Poids (Kg)	Catégorie de poids (Kg)	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Club	
1	Anna Henzi	F	30	56.7	57	130	137.5	-142.5	137.5	92.5	97.5	100	100	145	155	-162.5	155	392.5	451.24	Barbell Club Landquart	
2	Anouk Wandeler	F	25	54.5	57	120	125	130	130	67.5	70	72.5	72.5	150	155.5	158	158	360.5	425.51	Kraftdreikampf Klub der Sportfreunde	
3	Selin Tabak	F	25	55.3	57	110	120	125	125	65	-70	72.5	72.5	115	125	135	135	332.5	388.64	Outcast Strength System	
4	Christelle Ruffieux	F	35	56.5	57	112.5	120	-127.5	120	62.5	67.5	70	70	120	130	-135	130	320	368.75	Powerlifting Lausanne	
Femmes -63 Kg																					
Place	Name	Sexe	Age	Poids (Kg)	Catégorie de poids (Kg)	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Club	
1	Katja Aeschbacher	F	24	62	63	125	132.5	137.5	137.5	70	75	-77.5	75	-165	170	180	180	392.5	426.30	Bull powerlifting club	
2	Victoria Rimensberger	F	33	62.3	63	140	147.5	152.5	152.5	67.5	72.5	75	75	155	-162.5	165	165	392.5	425.03	Powerlifting Lausanne	
3	Cinzia Zeltner	F	38	61	63	122.5	127.5	130	130	62.5	67.5	-70	67.5	155	170	185	185	382.5	419.64	Schwerathletik Nordwest	
4	Carina Hess	F	23	62.9	63	117.5	122.5	130	130	62.5	67.5	70	70	157.5	165	172.5	172.5	372.5	401.02	Powerlifting Wil	
5	Larissa Bischof	F	23	62.5	63	122.5	130	-135	130	72.5	75	-77.5	75	150	157.5	162.5	162.5	367.5	397.18	Outcast Strength System	
6	Julie Franco	F	27	62.9	63	-125	130	-135	130	60	65	-70	65	125	130	-132.5	130	325	349.88	Powerlifting Lausanne	
Femmes -69 Kg																					
Place	Name	Sexe	Age	Poids (Kg)	Catégorie de poids (Kg)	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Club	
1	Chiara Luraschi	F	25	66	69	150	157.5	-163	157.5	67.5	75	-82.5	75	185	192.5	195	195	427.5	447.16	Kraftdreikampf Klub der Sportfreunde	
2	Laura Rettig	F	31	68.9	69	135	145	150	150	75	80	-82.5	80	172.5	182.5	193	193	423	431.60	Neuchâtel Force	
3	Deborah Pungitore	F	33	68.4	69	-137.5	137.5	145	145	87.5	90	-93	90	152.5	160	-165	160	395	404.71	Outcast Strength System	
4	Ceyda Raza	F	27	68.6	69	132.5	137.5	142.5	142.5	75	77.5	80	80	127.5	135	140	140	362.5	370.79	Outcast Strength System	
5	Lou Malika Derder	F	24	67.4	69	95	105	-110	105	67.5	72.5	-77.5	72.5	110	120	-127.5	120	297.5	307.40	Powerlifting Lausanne	
6	Livia Zaugg	F	31	63.8	69	-92.5	92.5	100	100	37.5	42.5	45	45	107.5	117.5	-125	117.5	262.5	280.17	Powerlifting Lausanne	
DQ	Veronica Gattuso	F	24	66.8	69	132.5	140	145	145	80	82.5	-85	82.5	-165	-165	-170					Kraftdreikampf Klub der Sportfreunde
Femmes -76 Kg																					
Place	Name	Sexe	Age	Poids (Kg)	Catégorie de poids (Kg)	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Club	
1	Andrea Marx	F	30	73.1	76	150	157.5	-165.5	157.5	90	95	-98	95	167.5	185	-195	185	437.5	432.00	Schwerathletik Nordwest	
2	Marine Schnetz	F	29	74.6	76	140	-150	150	150	87.5	92.5	95	95	155	165	-170	165	410	400.46	Perfym	
3	Tamara Thoma	F	30	71.1	76	125	-132.5	132.5	132.5	82.5	-87.5	-87.5	82.5	157.5	167.5	175	175	390	390.98	Elemental Athletes	
4	Julia Vetter	F	28	74.2	76	112.5	122.5	130	130	65	72.5	77.5	77.5	137.5	150	157.5	157.5	365	357.53	Powerlifting Beider Basel	
5	Beate Heizmann	F	44	72.7	76	87.5	97.5	105	105	57.5	62.5	67.5	67.5	117.5	132.5	140	140	312.5	309.49	Powerlifting Beider Basel	
6	Delia Gerber	F	27	72.5	76	92.5	-100	-100	92.5	62.5	65	70	70	100	115	-125	115	277.5	275.24	Barbell Club Landquart	
DQ	Coralie Visinand	F	31	75.5	76	-92.5	-95	-95		50	-52.5	-52.5	50	107.5	115	-120	115			Geneva Powerlifting	
Femmes 84+ Kg																					
Place	Name	Sexe	Age	Poids (Kg)	Catégorie de poids (Kg)	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Club	
1	Krystyna Waterhouse	F	28	87.5	84+	167.5	180	-185	180	102.5	108	-112.5	108	165	180	186.5	186.5	474.5	428.40	Kraftdreikampf Klub der Sportfreunde	
2	Gabriela Tamassia	F	30	91.2	84+	-152.5	152.5	-165	152.5	90	95	100	100	167.5	177.5	186	186	438.5	388.67	Elemental Athletes	
3	Jasmin Gianferrari	F	37	108.3	84+	130	140	150	150	70	75	80	80	150	160	170	170	400	331.48	Powerlifting Beider Basel	
Hommes -59 Kg																					
Place	Name	Sexe	Age	Poids (Kg)	Catégorie de poids (Kg)	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Club	
1	Victor Gaultier	M	25	58.7	59	140	-150	155	155	130	135	138.5	138.5	180	-192.5	-192.5	180	473.5	406.99	Kraftdreikampf Klub der Sportfreunde	
2	Janis Brunner	M	30	58.8	59	-145	145	155	155	90	100	-102.5	100	-182.5	190	205	205	460	394.82	Barbell Club Landquart	
Hommes -66 Kg																					
Place	Name	Sexe	Age	Poids (Kg)	Catégorie de poids (Kg)	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Club	
1	Romain Mendes	M	31	65.2	66	185	195	195.5	195.5	135	-143	-143	135	210	215	220	220	550.5	435.27	Geneva Powerlifting	
2	Adrien Thonney	M	24	65.2	66	125	135	-145	135	100	110	-117.5	110	170	190	-205	190	435	343.95	Geneva Powerlifting	
Hommes -74 Kg																					
Place	Name	Sexe	Age	Poids (Kg)	Catégorie de poids (Kg)	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Club	
1	Alain Jost	M	26	73	74	207.5	222.5	-227.5	222.5	145	155.5	-159.5	155.5	265	280	292	292	670	489.18	Outcast Strength System	
2	Emre Avsar	M	31	73.1	74	-205	205	215	215	122.5	127.5	135	135	230	250	-255	250	600	437.68	Kraftdreikampf Klub der Sportfreunde	
3	Aurélien Delille	M	19	72.4	74	180	187.5	195	195	117.5	125	130	130	190	205	-215	205	530	389.09	Powerlifting Lausanne	
4	Niki Cheung	M	32	73.4	74	185	-190	192.5	192.5	117.5	122.5	127.5	127.5	-180	187.5	195	195	515	374.67	Kraftdreikampf Klub der Sportfreunde	

Hommes -83 Kg																				
Place	Name	Sexe	Age	Poids (Kg)	Catégorie de poids (Kg)	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Club
1	Patrick Kürzi	M	24	81.6	83	240	250	255.5	255.5	165	176	180	180	280	293	-303	293	728.5	496.58	Outcast Strength System
2	Alessandro Lurati	M	27	82.8	83	-227.5	240	250	250	150	160	-165	160	275	292.5	-302.5	292.5	702.5	474.89	Bull* powerlifting club
3	Sven Sigrist	M	35	82.4	83	222.5	237.5	242.5	242.5	145	152.5	-157.5	152.5	257.5	275	-285	275	670	454.17	Outcast Strength System
4	Jacques Daryl Ndongo	M	28	82.4	83	210	225	235	235	140	-150	-152.5	140	210	225	245	245	620	420.27	Bienna Powerlifting
5	Adrian van Schie	M	30	82.6	83	215	225	235	235	117.5	122.5	-125	122.5	232.5	247.5	260	260	617.5	418.00	Kraftdreikampf Klub der Sportfreunde
6	Dominik Mühlematter	M	24	82.1	83	200	212.5	220	220	137.5	145	-150	145	230	242.5	250	250	615	417.75	Beo Barbell Club
7	Severin Woodtli	M	26	82.6	83	215	225	230	230	117.5	125	130	130	225	245	255	255	615	416.31	Kraftdreikampf Klub der Sportfreunde
8	Iliyan Zlatkov	M	33	81.6	83	210	220	225	225	125	132.5	135	135	-230	230	245	245	605	412.40	Kraftdreikampf Klub der Sportfreunde
9	Andrin Borer	M	24	80.8	83	180	190	200	200	117.5	125	-137.5	125	185	205	220	220	545	373.62	Barbell Club Landquart
10	Timothy Inkoom	M	25	82.4	83	190	-200	200	200	110	117.5	120	120	190	-207.5	220	220	540	366.04	Geneva Powerlifting
11	Raphael ReinAge	M	23	81.8	83	165	175	-180	175	127.5	137.5	-140	137.5	210	222.5	-235	222.5	535	364.17	Outcast Strength System
12	Valentin Henry	M	30	80.2	83	-150	-150	150	150	97.5	105	110	110	195	205	212.5	212.5	472.5	325.33	CLHM

Hommes -93 Kg																				
Place	Name	Sexe	Age	Poids (Kg)	Catégorie de poids (Kg)	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Club
1	Raphael Sauta	M	28	89.2	93	240	255	-260	255	170	175	-180	175	275	285	-295	285	715	464.42	Powerlifting Zug
2	Dennis Goodtzov	M	26	91.9	93	227.5	240	250	250	147.5	155	157.5	157.5	-272.5	272.5	292.5	292.5	700	447.95	Outcast Strength System
3	Axel Mermin	M	29	91.8	93	-235	242.5	-250	242.5	165	-172.5	172.5	172.5	280	-290	-290	280	695	444.99	Geneva Powerlifting
4	Max Becker	M	30	92.7	93	222.5	235	242.5	242.5	152.5	160	-165	160	230	247.5	-255	247.5	650	414.21	Elemental Athletes
5	Aurélien Fontova-Beccucci	M	25	92.8	93	-222.5	222.5	-227.5	222.5	112.5	120	125	125	280	295	-305.5	295	642.5	409.22	Geneva Powerlifting
6	Felipe Baptista Giesbrecht	M	31	90.5	93	205	215	225	225	132.5	140	145	145	240	255	270	270	640	412.68	Kraftdreikampf Klub der Sportfreunde
7	Samuel Geiser	M	30	91.2	93	205	-212.5	-215	205	135	-137.5	-137.5	135	252.5	270	-280	270	610	391.83	Bienna Powerlifting
8	Samuel Schumacher	M	29	92.5	93	180	192.5	200	200	132.5	140	145	145	210	230	250	250	595	379.56	Schwerathletik Nordwest
9	Mathieu Seignert	M	29	88.7	93	-190	-190	190	190	115	125	130	130	190	210	-217.5	210	530	345.24	Powerlifting Lausanne
10	Michael Perroud	M	37	90.5	93	130	-142.5	-145	130	90	95	-100	95	145	-157.5	162.5	162.5	387.5	249.86	Powerlifting Lausanne
G	Alexandre Arnaud	M	25	83.3	93	-245	245	-257.5	245	142.5	150	-155	150	265	275	-282.5	275	670	451.39	Powerlifting Lausanne

Hommes -105 Kg																				
Place	Name	Sexe	Age	Poids (Kg)	Catégorie de poids (Kg)	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Club
1	Vladimir Mbassi	M	32	104.5	105	255	-257.5	-257.5	255	195	205	210	210	260	280	300	300	765	462.26	Powerlifting Lausanne
2	Dario Herrsche	M	30	97.2	105	250	265	275	275	152.5	160	165	165	255	272.5	280	280	720	448.77	Schwerathletik Nordwest
3	Luca Cirone	M	36	103.5	105	235	250	-252.5	250	160	165	-170	165	275	285	295	295	710	430.72	Bienna Powerlifting
4	Juan Antonio Pinillo	M	32	102	105	235	250	-260	250	155	162.5	-167.5	162.5	260	275	290	290	702.5	428.76	Bienna Powerlifting
5	Sebastian Traub	M	29	104.6	105	235	250	265	265	152.5	162.5	-170	162.5	245	260	-272.5	260	687.5	415.27	Kraftdreikampf Klub der Sportfreunde
6	Aljosha Friedländer	M	36	99.1	105	210	225	-235	225	132.5	140	145	145	220	235	245	245	615	380.04	Powerlifting Zug
7	René Čáky	M	22	105	105	200	-202.5	-202.5	200	160	-162.5	-162.5	160	250	-252.5	-252.5	250	610	367.89	Schwerathletik Nordwest
8	Christopher Sileno	M	28	101.4	105	180	195	205	205	132.5	142.5	-150	142.5	235	252.5	-257.5	252.5	600	367.12	Outcast Strength System
9	Fabian Neuenschwander	M	30	96.8	105	180	195	202.5	202.5	115	122.5	127.5	127.5	200	212.5	217.5	217.5	547.5	341.89	Powerlifting Beider Basel

Hommes -120 Kg																				
Place	Name	Sexe	Age	Poids (Kg)	Catégorie de poids (Kg)	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Club
1	Daniele Pola	M	26	116.6	120	280	300	311	311	180	200	-210	200	260	280	-295	280	791	458.73	Barbell Club Landquart
2	Tom Thoma	M	35	108.8	120	245	260	-275	260	170	177.5	182.5	182.5	275	300		300	742.5	441.59	Elemental Athletes
3	Aaron Müller	M	30	119.1	120	222.5	235	245	245	152.5	162.5	-167.5	162.5	245	260	-265	260	667.5	384.32	Outcast Strength System
4	Yann Stehle	M	26	114.6	120	170	-180	190	190	100	105	-110	105	215	225	235	235	530	309.24	CLHM

Hommes 120+ Kg																				
Place	Name	Sexe	Age	Poids (Kg)	Catégorie de poids (Kg)	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Club
1	Yao Han Ang	M	36	129.6	120+	275	290	-300	290	160	170	177.5	177.5	275	290	-295	290	757.5	424.55	One Rep Strength
2	Patrick Jäggi	M	36	124	120+	215	225	235	235	150	157.5	162.5	162.5	240	255	272.5	272.5	670	380.70	Barbell Club Landquart

\* Best Lifter Overall